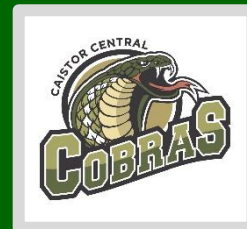


The Cobra Compass

Caistor Central Public School
1794 Caistor Centre Rd, Caistor Centre L0R 1E0
<https://caistor.dsbnschools.ca>



OCTOBER
2022

Message from the Principal!

As we approach the time of year traditionally set aside for giving thanks, I reflect on all I am thankful for at Caistor Central School. I see students building positive relationships and supporting one another. Parents are showing interest in supporting a vibrant school community, including School Advisory Council. Staff care about their class communities, believe in their students and are keeping wellbeing at the focus of their work with them. We work together and want to have fun together. I would like to extend my thanks to all members of our school community for their support and dedication.

Did you know, according to [Harvard Medical School](#), "gratitude is strongly and consistently associated with greater happiness". [Being grateful is important, however expressing your gratitude will have an even larger impact on your happiness.](#) (Check out this link for a fun video about gratitude.) With Thanksgiving around the corner, I encourage our families to reach out to someone who has a positive influence in their life and let them know! Not only will you be happier, but imagine how amazing that person will feel after receiving such a compliment! I am truly grateful to be a part of our amazing Caistor Central team and, on behalf of our staff, we wish our families a very Happy Thanksgiving!

Caistor Central is excited to team up with **Fresh From the Farm** for a **fundraising initiative**, offering fresh Ontario grown fruit and vegetable bundles to you. We are hoping to raise funds to grow our arts, music and instrumental program here at the school. Orders can be placed in two ways:

- via School Cash Online
- Paper order forms

All forms (with payments) must be returned to the school by **Tuesday October 11th**. School Cash Online ordering closes on October 11th at 11:59pm.

Delivery of items will take place in November; the school will be contacted 3 days ahead of our delivery date and we will notify you immediately.

Thank you for your consideration on this fundraising initiative.

T. Chilcott



Cross Country Meet.....	Oct. 3
Int Co-Ed Soccer.....	Oct. 4
World Teachers Day.....	Oct. 5
Pizza Orders Due.....	Oct. 16
(weekly Sunday night by midnight)	
Junior Co-Ed Soccer.....	Oct. 6
Photo Day.....	Oct. 7
Thanksgiving Day.....	Oct. 10
DSBN Cross Country Meet...Oct.	13
Secret Path Week Begins....	Oct. 17
Take Me Outside Day.....	Oct. 19
Paul Davis Safe Social Networking Presentations.....	Oct. 25
School Council Mtg.....	Oct. 25
Dress in Purple for Child Abuse Awareness.....	Oct. 27
Grade 6 Trip to Animation in Nature at Living Campus....	Oct. 28
Halloween.....	Oct. 31

DAYS OF SIGNIFICANCE

[Click here](#) for more information about the DSBN Days of Significance calendar.

Monday, October 24th has been designated as a PA Day for the District School Board of Niagara

World Teachers Day

World Teacher's Day is recognized annually on October 5th. Caistor Central is such an amazing place to grow, learn and play in big part due to our wonderful teaching staff. I would like to thank them for everything they do each day to positively impact the lives of their students and their community. I know it is important to them to ensure that our Cobras are safe, well, and challenged to do their best. Thank you!



Staff Update

On Monday, September 19th, we welcomed Mrs. Alison Dosa and Mrs. Kimi Gamble to our school. Mrs. Dosa will be teaching grade 6 and Mrs. Gamble will be teaching primary arts and library.

Celebrating Our Students – Way to Go!

Congratulations to the following students who made some amazing accomplishments and reached personal bests this month!



Class	Student of the Month Award	Character Trait Award Respect
K1 Bleich & MacPherson-Easey	Evelyn Z, Jordyn C	Greyson P
K2 Killins & Corso	Jaxson P, Sophia W	Liam L, Emersyn E
1 Donders	Ava B	Regan W
2 Sohi	Ruby B, Dawson D	Elena S, Alex J
3 Misener	Sage K, Paysen C	Avery E, Khloe S
3/4 VanDreil & Sodtke	Casie C, Jayden F	Karaline V, Abel K
4/5 Whitfield	Tyler B	Selena V
6 Dosa	Zoe C	Byron V
7/8 Nawrocki	Alex R	Judy A, Kole G, Jayen L
7/8 Wellman	Cam J	Evy Y, Daniel F

September – Respect – I am polite, courteous and caring. I value myself and others. I treat all people with dignity and uphold their rights. I protect property and our environment.



Character Focus for October – Cooperation

Cooperation - I work together with others to do something better than if we were working alone. I lend support to others. I receive help from others. I am patient and work through disagreements so that the result of our work together is meaningful and successful.

Mental Health Family Supports

As the return to school approaches, most students typically experience a variety of emotions; some may be excited, others may be nervous or worried, and most will have mixed feelings. There are many ways that parents and caregivers can help prepare students for a mentally healthy return to school. The DSBN has compiled some high-quality, current resources, which are available on our website at www.dsbn.org/programs-services/well-being/. We encourage our families to visit the Parent Resources page frequently throughout the school year to access updated information.

Days of Significance & Creed-Based Days

The Niagara Region is growing more diverse in creed and/or religious beliefs and practices. The District School Board of Niagara (DSBN) is committed to fostering diverse, equitable, and inclusive learning and working environments that promote acceptance and protect individuals from discrimination and harassment based on the protected grounds under the Ontario Human Rights Code. Creed and/or religion is one of the grounds that is both an individual right and a collective responsibility. The DSBN recognizes and embraces the creed diversity represented in its students, staff, and community members.

As we start our school year, I invite you to share with me your family's most significant creed-based holiday(s). We will work together through the accommodation request process as Caistor Central School recognizes the importance of families celebrating their creed and/or religious beliefs and practices.

The DSBN has created a [Family Guide: Recognizing and Respecting Creed Diversity](#) to support families in requesting accommodations. This guide has also been translated into the following languages; Arabic, French, Hungarian, Korean, Mandarin, Spanish, Urdu and Vietnamese, which can be viewed on the [DSBN Equity webpage](#). For a list of Days of Significance, please refer to the [Days of Significance Calendar](#).

Paul Davis – Safe Social Networking – October 25th

Caistor Central and Smithville Schools are partnering to bring you important information and know-how to help keep kids and families safe in our ever-changing cyber world. Paul brings over 30 years of IT knowledge and expertise to his engagements. He relates to students as a father (who happens to be “techie”) and to parents as an IT professional. You will leave his presentation with a wealth of knowledge and empowerment.

We are planning a student presentation during the school day and a parent night in the evening. Please hold the date. More information will be sent out shortly.

Grade 5 Canadian Cognitive Abilities Test

All Grade 5 students who did not take the Canadian Cognitive Abilities Test in the 2021-2022 school year will participate in CCAT between October 11th and 25th. This assessment helps to identify individual student needs and abilities to ensure appropriate programs are provided as well as information about student strengths in verbal, quantitative and non-verbal reasoning. The assessment provides a benchmark as students complete future achievement tests, whether these tests are teacher-generated, board-wide or provincial.

Terry Fox

On Friday, September 23, our Caistor Cobras participated in the Terry Fox School Run. Thank you to the families that donated to the Terry Fox Foundation. Through the generosity of our families, we surpassed our \$1000 goal and raised \$3080 to support cancer research. We had amazing fun with the "Ice Bucket Challenge" that afternoon as well. Way to go Cobras!



School Advisory Council

Our first School Advisory Council Meeting was held on Tuesday, September 27. Thank you to all the parents that attended our meeting. At this meeting, our executive committee was determined. Our executive for our council is as follows:

Chair: Mrs. Melissa LeBlanc

Co-Chair: Mrs. Alana Thomas

Secretary: To be confirmed

All School Advisory Council meeting agendas and minutes will be posted on the Caistor Central Website once they are approved. Our schedule of meetings for the 2022-2023 school year is as follows:

- October 25 (start time to be determined)
- November 22, 2022 @ 6:00 pm
- January 24, 2022 @ 6:00pm
- March 28, 2022 @ 6:00pm
- May 23, 2022 @ 6:00pm

New members are always welcome to join and meeting may be added if the need arises.

Halloween at Caistor Central

Plans are already being made to celebrate Halloween at Caistor. As you prepare for Halloween for school with your child(ren) please remember to avoid costumes that include weapons of any kind or that are overly violent in nature. We ask that props (such as knives, spears, hooks, etc.) and Halloween masks be left at home. More detailed information will be sent home in the next couple weeks.

Pizza Days are Back!

Our first Pizza Days for October will be on the 18th and 25th!

